

# SPORTS

Sport's keep you healthy and fit. Some people like sport's but some don't. Sports are played indoors but some outdoors. Most sports are played in a team.

Fraser

hockey | | | | | | | | | | | | | | | | | | | | | |

Hockey is a sport where you hit the ball into the goal. To play hockey you need a hockey stick, skates and a water bottle. The first game was played in 1875.

gym | | | | | | | | | | | | | | | |

In a gym you normally train. Such as lifting weights, running on treadmills and using machines. Gyms are all over the world. When you go to a gym you will often get classes.



## SPORT.

football | | | | | | | | | | | | | | | | | | | | | |

Football is a sport where you kick the ball into the goal. In football there are 11 players and one manager. There are a lot of different football teams in the world.

football kits | | | | | | | | | | | | | | | |

A football kit is something you wear to play a football match. In football you can't get different football kits in different teams. They are all the same. They are made from a special material that makes them strong.